

# OUR DEEPEST FEAR

“Our deepest fear is not that we are inadequate.  
Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness that most frightens us.  
We ask ourselves, Who am I to be brilliant, gorgeous, talented,  
fabulous?

Actually, who are you *not* to be? You are a child of God.  
Your playing small does not serve the world.  
There is nothing enlightened about shrinking so that other people  
won't feel insecure around you.

We are all meant to shine, as children do.  
We were born to make manifest the glory of God that is within us.  
It's not just in some of us; it's in everyone.

And as we let our own light shine, we unconsciously give other  
people permission to do the same. As we are liberated from our own  
fear, our presence automatically liberates others.”

by Marianne Williamson from *A Return To Love: Reflections on the Principles of A  
Course in Miracles*